SCHNELL
FINEST TRAINING SYSTEMS

# Software
## Trainingmanagement / Biofeedback / Testing

# aktivSYSTEM by aktivKONZEPTE

## Functions

The aktivSYSTEM is the complete solution for detailed training planning, control and documentation. The training system ensures a paperless and efficient training process. Training plans, anamneses etc. are created digitally (on the PC or via app). A touch PC (workoutPOINT) mounted on the strength machine accompanies the user through the training using biofeedback and automatically documents the training results. These are then available to the therapist for performance assessment and therapy management. Interfaces to the administration system ensure the seamless transfer of patient data and realize the integration and transfer of training results into the patient's file / the doctor's letter. Optional software tools allow the administration of course offers, the documentation of functional exercises and much more).

## Benefits

- Simple training plan creation
- Performance development at a glance
- Space for individuality

## Compatible Machines:

- SYNCHRO Line & SYNCHRO Line Med
- ALL NEW TARGET Line & ALL NEW TARGET Line Med
- CARDIO Line & CARDIO Line Med
- Free Exercises (Cable Pulleys etc.)

SCHNELL
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# Software
## Trainingmanagement / Biofeedback / Testing

# aktivSYSTEM Enterprise
# trainerPOINT

## Function

The trainerPOINT is the management centre of the software. Here the therapist records the patients, creates training, test plans & templates, documents performance and health tests and informs himself about the performance development of the trainees. Detailed statistics and evaluations provide an overview of the training events, the therapists' activities and the utilisation of the training area.

## Benefits

- Simple training plan creation
- Performance development at a glance
- Space for individuality

## Compatible Machines

- SYNCHRO Line & SYNCHRO Line Med
- ALL NEW TARGET Line & ALL NEW TARGET Line Med
- CARDIO Line & CARDIO Line Med
- Free Exercises (Cable Pulleys etc.)

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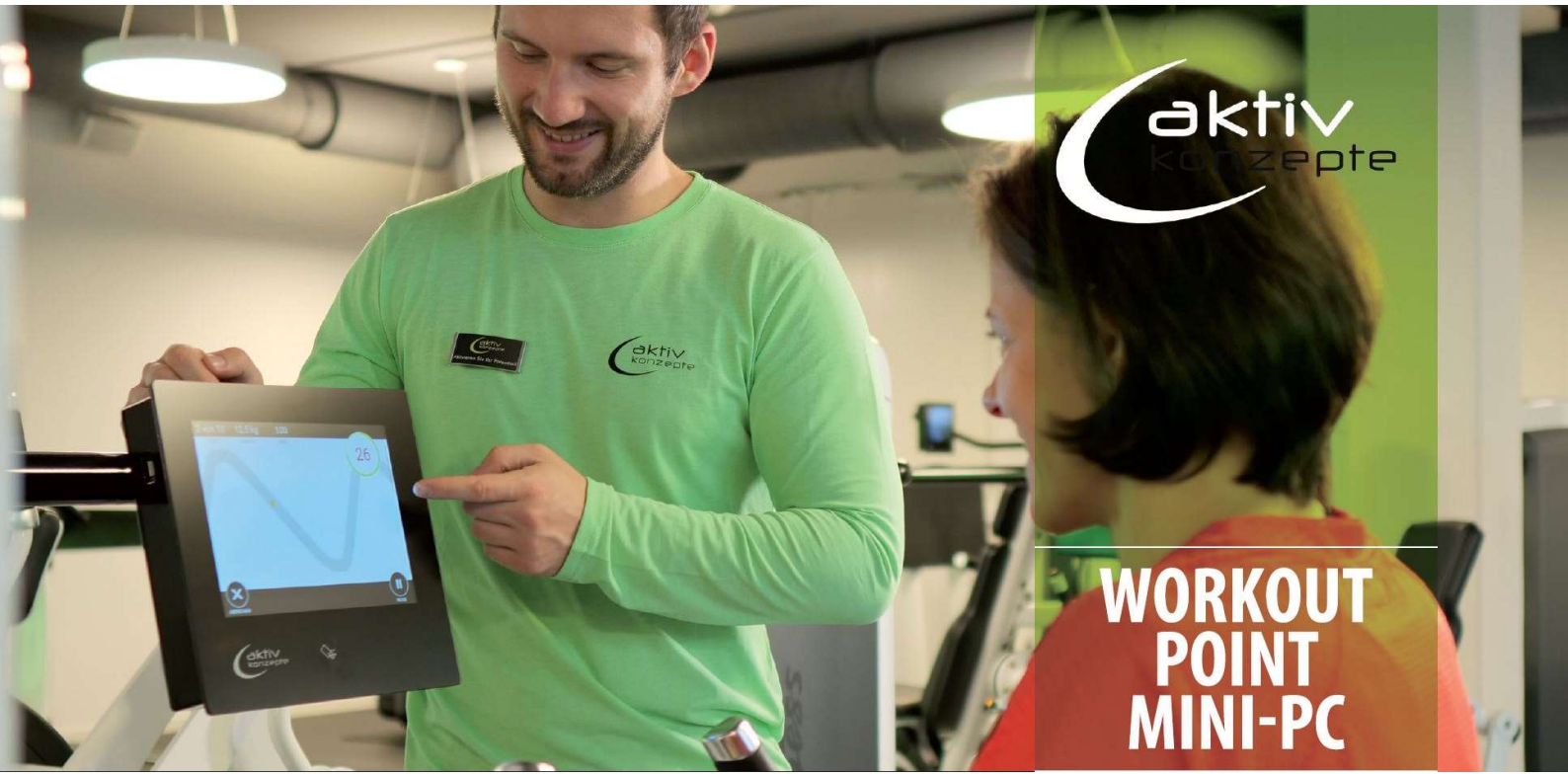
# Software

## Trainingmanagement / Biofeedback / Testing

# aktivSYSTEM Enterprise
# workoutPOINT Mini-PC




## Function

The workoutPOINT Mini-PC is the personal therapist at the strength machine. On manual ALL NEW TARGET Line machines, it provides the patient with information about the exercises and the machine settings to make working on the machine easier. On fully automatic SYNCHRO Line machines, all settings are made by the system. The workoutPOINT Mini-PC guides the patient during the exercise and controls the execution of the movement based on the training instructions. The training results achieved are automatically stored in a central
database.

## Benefits

- Biofeedback brings safety
- Automatic documentation
- Communications platform

## Compatible Machines

- SYNCHRO Line & SYNCHRO Line Med
- ALL NEW TARGET Line & ALL NEW TARGET Line Med
- CARDIO Line & CARDIO Line Med

SCHNELL
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# Software

## Trainingmanagement / Biofeedback / Testing

# aktivSYSTEM Enterprise
# workoutPOINT Tablet

## Function

The workoutPOINT Tablet is the personal therapist at the strength machine. The specially configured 11" tablet with RFID reader is mounted on the devices with a variably adjustable and swiveling holding arm. On manual ALL NEW TARGET Line machines, it provides the patient with information about the exercises and the machine settings to make working on the machine easier. The workoutPOINT guides the patient during the exercise and controls the execution of the movement based on the training instructions.
The training results achieved are automatically stored in a central database.

## Benefits

- Biofeedback brings safety
- Automatic documentation
- Communications platform

## Compatible Machines

- ALL NEW TARGET Line & ALL NEW TARGET Line Med

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# Software

## Trainingmanagement / Biofeedback / Testing

# aktivSYSTEM Enterprise

# exercisePOINT

## Function

At the exercisePOINT, a wide variety of free exercises (dumbbell exercises, stretching exercises, strengthening exercises and Thera-Bank exercises, etc.) can be carried out with a virtual trainer and then documented directly on the terminal. "There is no need for "paperwork" and the entire training/therapy area is digitalised.

## Benefits

- Presentation of functional exercises
- Exercise documentation
- Flexible training modes

## Compatible Machines

- Dumbbells & Accessories
- CABLE Line & CABLE Line Med

SCHNELL
FINEST TRAINING SYSTEMS

# Software

## Trainingmanagement / Biofeedback / Testing

# aktivSYSTEM Enterprise onlinePOINT

## Function

The onlinePOINT consists of two product components - a training app and a facility-specific homepage plug-in for booking courses. With the help of the training app, patients have access to the training plan created by the therapist. The app thus offers the possibility of uniform exercise instructions from the treatment cabin, via MTT to outpatient follow-up care. With the help of online documentation, the therapist has detailed insights into the patient's training activity and can make adjustments as needed.

## Benefits

- Guided Training
- Low administrative burden
- Communication platform

## Compatible Machines

- Device-independent for the entire facility

SCHNELL
FINEST TRAINING SYSTEMS

# Software

## Trainingmanagement / Biofeedback / Testing

# aktivSYSTEM Enterprise
# mobilePOINT

## Function

The therapist has access to the patients' training data from anywhere via a tablet or smartphone. Training plans can be created and edited directly in the training area with the mobilePOINT. The use of the mobilePOINT reduces the therapist's working time at the PC - instead, the therapist can be present directly in the training area and is thus available as a contact person for the patients.

## Benefits

- Presence in the training area
- Health information at a glance
- Direct assistance

## Compatible Machines

- Device-independent for the entire facility