

SYNCHRO LINE

SEATED ROW



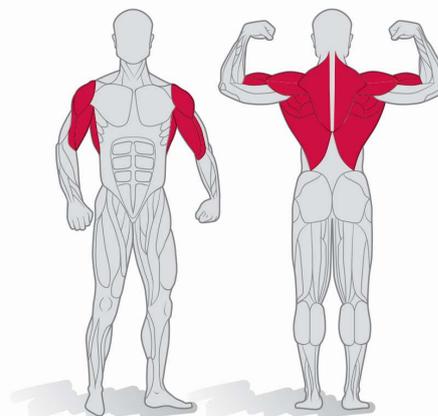
Seated Row

Art.-No.: **70600** Fitness

Seated Row Medical

Art.-No.: **7060M** Certified Medical Product

Length cm	Width cm	Height cm	Weight kg
110	120	105	312



Training of the broad back muscle, rear part of the delta muscle, hood muscle, large and small diamond muscles (m. Latissimus dorsi, m. Deltoideus pars clavicularis, m. Trapezius, m. Rhomboideus minor et major)

✓ Integrated

+ Optional

Adjustable starting position



Angle display



Range Limiter for End Position



Biofeedback-system



Properties

- rowing in it's most natural form
- efficient posture correction
- effective stabilisation of the pectoral girdle
- exercise can be started conveniently by actuating the electronic boarding aid using a foot switch
- specially tailored power curve
- all device settings can be made fully automatic by RFID Transponder according to the instructions

Device Setting

- Infinitely adjustable seat height
- Precise adjustment of starting angle by using a foot switch
- max. user weight: 200kg