

## SYNCHRO LINE

## SHOULDER PRESS



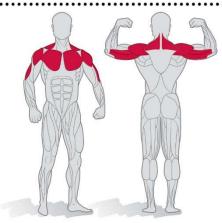
Shoulder Press
Art.-No.:

70400 Fitness

Shoulder Press
Medical Art.-No.:

Length cm Width cm Height cm Weight kg

197 130 106 350



Training of the large chest muscles (M. pectoralis major & menor); Posterior part of the delta muscle (m. deltoideus pars clavicularis); Training of the triceps (m. Triceps brachii)













## **Properties**

- Shoulder Press in its most natural form
- Effective stabilisation of the pectoral girdle
- Exercise variation by turning the handle
- Exercise can be started conveniently by actuating the electronic boarding aid using a foot switch
- specially tailored power curve
- all device settings can be made fully automatic by RFID transponder according to the instructions

## **Device Setting**

- Precise adjustment of starting ankle by using a food switch
- Max. user weight: 200 kg (with strengthened construction optional)