

SYNCHRO LINE

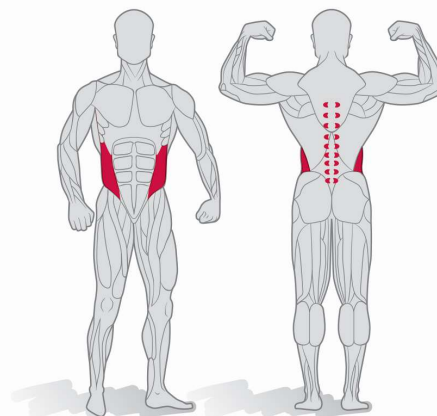
LATERAL TRAINER



Lateral Trainer
Art.-No. **73300** Fitness

Lateral Flexion
Medical Art.-No. **7330M** Certified Medical Product

Length cm	Width cm	Height cm	Weight kg
85	130	120	300



Training of the lateral trunk muscles (Mm. Intertransversarii, M. iliocostalis thoracis, M. iliocostalis lumborum, M. longissimus, M. obliquus externus et internus abd., M. quadratus lumborum, M. psoas major)

✓ Integrated

+ Optional

Adjustable starting position



Angle display



Biofeedback system



Properties

- comfortable, specially shaped and height-adjustable training pads
- colored handles for correct grip
- Pelvic stabilization via adduction pads
- It is possible to change the training side from the sitting position
- specially adapted force curve
- All device settings are made fully automatically via an RFID transponder in accordance with the trainer's specifications

Device Setting

- Adjustable seat
- Adjustable training pad
- Precise setting of the starting angle
- max. user weight: 200 kg