

## BENCHES & EQUIPMENT

## HIP FLEXOR AND DIP UNIT



Hip Flexor and Dip Unit ArtNr.: 62600 Fitness			
Length cm 120	Width cm 64	Height cm 145	Weight kg 45

Training of the straight abdominal muscles, triceps and chest muscles

Properties

- Two exercises in one device
- Safe execution of the leg raises exercise thanks to inwardly inclined arm pads
- Floor mounting possible

## Device Setting