

## BENCHES & EQUIPMENT

### ISOLATED ABDOMINAL CRUNCH BENCH



Isolated Abdominal  
Crunch Bench

**62900** Fitness

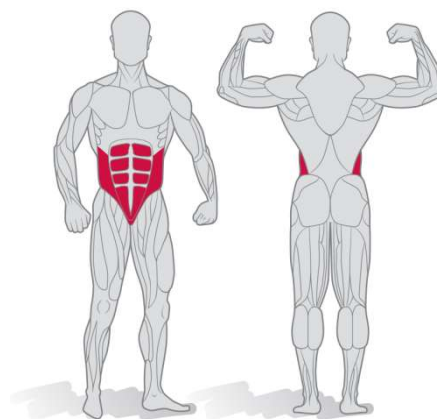
Art.-Nr.:

Isolated Abdominal  
Crunch Bench Medical

**R6290** Certified Medical  
Product

Art.-Nr.:

Length cm	Width cm	Height cm	Weight kg
<b>113</b>	<b>70</b>	<b>87-117</b>	<b>44</b>



Training of the straight abdominal muscles

✓ Integrated

✚ Optional

Handles



Transport rollers



Adjustable leg rest



#### Properties

- Even pressure distribution on the individual vertebral bodies thanks to the specially shaped lying surface
- Increased mobility in the area of the lumbar spine and thoracic spine through segmental movement
- individual pre-stretching through infinitely adjustable upper body pad
- The height of the leg pads can also be individually adjusted
- Integrated handle for easy entry and exit
- Mobile

#### Device Setting

- Height-adjustable leg rest
- Infinitely adjustable upper body pad