

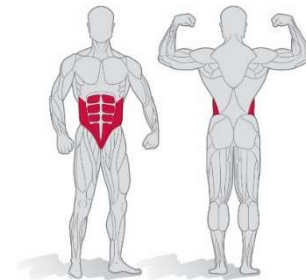
HIGH PERFORMANCE

LUMBAL THORACIC FLEXION



Lumbal Thoracic Flexion Art.-No.:	DFL1F	Fitness
Lumbal Thoracic Flexion (with interface for indication system) Art. No.:	DFL2F	
Lumbal Thoracic Flexion Medical Art.-No.:	DFL1M	Certified Medical Product
Lumbal Thoracic Flexion Medical (with interface for indication system) Art. No.:	DFL2M	

Length cm	Width cm	Height cm	Weight kg
114	110	156	352



Training the straight abdominal muscles (M. rectus abdominis)

- ✓ Integrated
- + Optional

Adjustable starting position ✓	Angle display ✓	Range Limiter for End Position +	Biofeedback System +
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Properties

- Isolated activation of the trunk flexors
- Functional support for the spine through the special shape of the lordosis pad
- max. user weight: 200kg
- Weight block: 20 x 5kg

Device Setting

- Stepless seat height adjustment
- Adjustable lumbar pad height and depth
- Length-adjustable thigh support
- Adjustable knee fixation
- Training arm pads
- Stepless starting angle adjustment