

HIGH PERFORMANCE

LUMBAL THORACIC LATERAL FLEXION



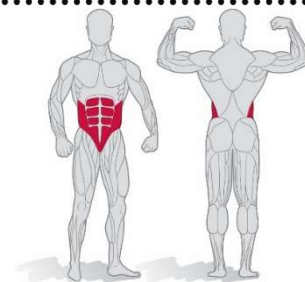
Lumbal Thoracic Lateral Flexion Art.-No.: **DLA1F** Fitness

Lumbal Thoracic Lateral Flexion (with interface for indication system) Art. No.: **DLA2F**

Lumbal Thoracic Lateral Flexion Medical Art.-No.: **DLA1M** Certified Medical Product

Lumbal Thoracic Lateral Flexion Medical (with interface for indication system) Art. No.: **DLA2M**

Length cm	Width cm	Height cm	Weight kg
118	103	156	370



Training of the lateral trunk muscles (Mm. Intertransversarii, M. iliocostalis thoracis, M. iliocostalis lumborum, M. longissimus, M. obliquus externus et internus abd., M. quadratus lumborum, M. psoas major)

✓ Integrated

+ Optional

Adjustable starting position



Angle display



Range Limiter for End Position



Biofeedback System



Properties

- Particularly stable fixation of the pelvis for the isolated activation of the lateral torso muscles for maximum therapeutic success
- The easy-to-use footplate enables the thighs to be fixed. This ensures an optimal position and stabilization of the pelvis
- max. user weight: 200kg
- Weight block: 25 x 5kg

Device Setting

- Infinitely adjustable seat height
- Infinitely adjustable upper body pliers
- Infinitely adjustable starting angle