

ALL NEW TARGET LINE

3D CHEST PRESS



3D Chest Press
Art.-No.:

10300

Fitness

3D Chest Press
Medical Art.-No.:

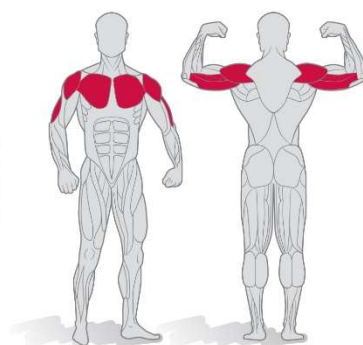
1030M

Certified Medical
Product

Length cm	Width cm	Height cm	Weight kg
155	140	166	250



Learn more



Training of the large chest muscles
(M. pectoralis major & minor)

✓ Integrated

+ Optional

Fine Increment
2,5kg



Biofeedback
System



Range Limiter for
End Position



Grab Handle



Comfort Start
System



Package Additional
Selector Plates



3D Technology

Thanks to biomechanically sophisticated lever kinematics and the combination of several axes of rotation, the innovative 3D technology enables multi-dimensional movements. The result is an even more effective muscle strain while at the same time protecting the joint structures and the ligamentous apparatus. The 3D technology is used in two strength machines that were specially designed for training the back and chest muscles.

Properties

- specially tailored power curve
- lowest load forces on the shoulder joint
- all device settings can be made by the user/patient while sitting
- max. user weight: 200kg
- Weight block: 15 x 5kg

Device Setting

- Infinitely adjustable seat height