

ALL NEW TARGET LINE

4BACK BACK EXTENSION



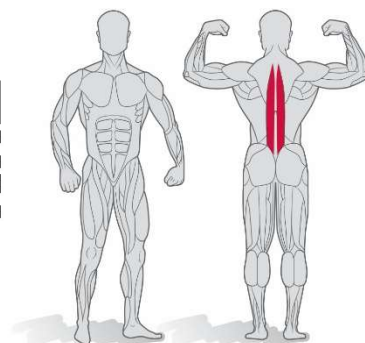
4back Back Extension
Art.-No.: **16200** Fitness

4back Back Extension
Medical Art.-No.: **1620M** Certified Medical Product

Length cm	Width cm	Height cm	Weight kg
125	95	145	270



Learn more



Training of the back extension muscles (Mm. erector spinae)

✓ Integrated

+ Optional

Angle display



Adjustable starting position



All New Comfort Range



Range Limiter for End Position



Hydraulic assisted knee fixation



Fine Increment
2,5kg



Biofeedback-System



Grab Handle



Package Additional
Selector Plates



Properties

- the special lordosis shape supports the highly effective, segmental movement execution
- specially tailored power curve
- max. user weight: 200kg
- Weight block: 15 x 5kg

Device Setting

- Height-adjustable lumbar pad
- 2 ° starting angle setting
- infinitely adjustable back pad