

ALL NEW TARGET LINE

LEG CURL & EXTENSION COMBINED



Leg Curl & Extension
Combined Art.-No.:

19200 Fitness

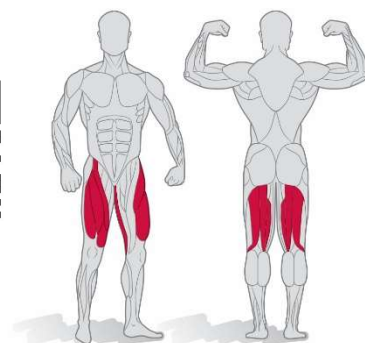
Leg Curl & Extension
Combined Medical
Art.-No.:

1920M Certified Medical Product

Length cm	Width cm	Height cm	Weight kg
135	120	145	315



Learn more



Training of the hamstrings
(M. biceps femoris, M. semitendinosus, M. semimembranosus)
Training of the anterior thigh muscles
(M. quadriceps femoris, M. sartorius)

✓ Integrated
+ Optional

Angle display



Swiveling thigh
fixation



All New Comfort
Range



Range Limiter for
End Position



Package Additional
Selector Plates



Biofeedback-
System



Fine Increment
2,5kg



Grab Handle



Lockable thigh
fixation



Properties

- Space-saving combination device with starting aid and two specially designed force curve profiles
- all device settings can be made by the user/patient while sitting
- max. user weight: 200kg
- Weight block: 20 x 5kg

Device Setting

- infinitely adjustable lower leg pad
- Adjustable backrest
- 2 ° starting angle setting
- Swiveling thigh fixation
- Adjustable thigh support